

Horseback Riding



NORMANTOWN TRAILS EQUESTRIAN CENTER HORSEBACK RIDING PROGRAMS

Explore your passion for horses at Normantown Trails Equestrian Center! NTEC offers riding lessons in English, Western, Hunter/Jumper and Dressage. Our lessons focus on safe handling and riding. We have a variety of school horses and ponies that can accommodate beginners and more advanced riders ages 8 thru adult. Children nearing 8 years old need to be evaluated before registering for private or group lessons. An evaluation lesson may be scheduled by calling NTEC at (815) 254-1950. There is a \$35 resident fee or a \$40 non-resident fee for this lesson. Classes for students ages 5-7 are offered throughout the year.

Barn Hours

Monday through Friday 9AM-8PM
Saturday and Sunday 9AM- 7PM
Closed on major holidays

Registration

Registration for group lessons and special programs can be done by using the registration form in this catalog, registering online, or by going to NTEC or the Recreation/Administration Center. Return the completed registration form and payment to NTEC or the Recreation/Administration Center. Students are registered on a first-come first-served basis. A waiting list will be created if needed. NTEC does not participate in a lottery.

Riding Attire

Long pants and sturdy shoes with a half-inch heel are the safest to wear when riding. Open-toed/open-heeled shoes and flip flops are prohibited and cannot be worn while riding. Riding helmets must be worn while on horseback. NTEC has helmets available for use if the rider does not own one. Damage to helmets or tack will be billed to the rider.

Release Form

A Liability Release Form must be filled out and signed before you can begin riding. All participants are expected to follow the barn rules and regulations that are posted at the stable.

Weather Conditions

Riding decisions will be based on the health and safety of our participants and horses. Horse theory classes will be provided featuring topics such as wrapping, grooming, nutrition, and other equestrian educational topics at times when riding is not appropriate. If you choose to cancel your lesson because of the weather with less than 24 hours notice you will be billed for the lesson. If NTEC decides to cancel riding lessons you will be notified and will not be charged for the lesson. Any questions or concerns, please contact NTEC at (815) 254-1950.

24 Hour Cancellation Policy

Please remember your lesson is an appointment. Students need to arrive at least a half-hour early for their lesson or class. Late arrivals will not be able to make up missed riding or instruction time. A 24-hour cancellation notice is required. Students who do not give a 24-hour notice or do not show will be billed for that lesson time and may lose a standing lesson time slot.

Gift Certificates

Gift certificates for riding lessons are available for purchase at NTEC. Riding lesson certificates make a wonderful birthday, anniversary, holiday, or special occasion gift for anyone who loves to ride. Certificates are good for 60 days from the date of purchase. Call, e-mail, or stop by NTEC for more information.

Special Events

Come and watch NTEC students show off their riding skills!

Advanced Schooling Show July 11 at 9am
Beginner and Intermediate Schooling Show Aug. 15 at 9am

(Events are tentative - please call ahead to confirm.)

Girl and Boy Scout Grooming Badges

Earn your grooming badge at NTEC! Scouts will learn the basics of horse safety and be shown how to properly groom a horse. The children will be divided into small groups after the demonstration to clean up a horse or pony. The grooming session is followed by a short ride on a horse or pony that is led by a handler. There is no riding instruction included. Sessions are available by appointment only and are limited to days and times when proper staff and horses are available. Sessions are 1 ½ hours long.

Ages 8 & up
\$20 R/ \$25 NR per child
Min. 5/Max. 12

Horseback Riding

Party with the Ponies

Celebrate your birthday or other special events with our ponies! Parties may consist of 3-12 children ages 5-10 years (height and weight of less than 4'6" and under 100 lbs). The two-hour party package is available on Saturdays or Sundays from 2 to 4 pm and includes exclusive use of the clubroom and pony rides led by staff members. Children who are waiting their turn to ride will be supplied with a stick horse craft. You provide the food, beverages, paper goods, and adult supervision for children in the clubroom. Parties must be booked at least two weeks in advance and scheduling is subject to availability. Sorry, no telephone reservations will be accepted as full payment is required to reserve a date. A \$50 cancellation fee will be retained if party is cancelled within one week of the date.

Residents \$250/Non-Residents \$350

\$20 per child over the maximum (no more than 15 children per party) To book a party, call the stable at (815) 254-1950.

Pretty Pony

If your child is not ready to jump in the saddle but enjoys being around horses, then schedule a 20 minute grooming session with one of our horses or ponies. One of our staff will explain and demonstrate proper horse safety and grooming techniques followed by your child grooming on his/her own. This is a great way to help children get comfortable around our large companions. Sessions are available on Friday afternoons and Saturday mornings. Children must wear covered shoes to participate. Please call ahead to schedule an appointment.

Residents \$15/ Non-Residents \$20

**Resident Registration Begins
Friday, May 14, 6-8 p.m.
Online & In-Person!**

SPECIAL EVENTS

NTEC Stable Slumber Party - NEW!

Stay up late with the horses at a girls-only sleep-over! Participants will assist with night-time chores and help close up the stable for the night. Everyone will then retreat to the clubroom where they will watch a horse movie, eat popcorn, and play games. Girls must come prepared with a cot or air mattress as well as a pillow and blanket. They will also need to come dressed in barn clothes and bring comfortable clothes to change into after chores. In the morning, they will help feed and turn-out the horses followed by juice and doughnuts for breakfast. Please note chores will be assigned based on ability. Also, participants will not be served dinner so they need to eat before they come.

Program #	Day	Date	Time
23777A1	Fri.- Sat.	June 11-12	7pm- 8:30am
23777B1	Fri- Sat.	July 30-31	7pm-8:30am

Ages 9-16

R \$35/NR \$42

Min. 7/Max. 10

Horse Show Fever

Have you ever wondered where you can put your riding skills to use? Then come learn about the basics of horse showing in our new class! Students will find out what is involved with preparing for and competing in horse shows. Some areas of discussion include preparing a horse for a show, proper attire for you and your horse, and the different types of shows. The final class will be a field trip to a horse show on a Saturday or Sunday. Date and time to be announced. Students will need to bring lunch money the day we travel to the horse show. Parents are welcome to join in this class for \$10.

Program #	Day	Date	Time	Location
27708A1	M/W	Jun. 14&16	2-3 pm	NORM

Ages 8 & up

R \$75/NR \$90 Child Only

R \$85/NR \$100 Parent/Child Combination

Min. 4/Max. 7

DON'T DELAY!
Programs that fail to reach minimum enrollment
5 business days prior to the first class meeting
will be canceled.

Pony Power

Meet and ride Mocha, Magic, or Peter Pan! Pony rides are available for children ages 3-10 who are under 4'6" and less than 100 lbs. Pony rides last for 15 minutes and are led by a staff member. Covered shoes are required and a helmet will be provided. An adult must be present during the ride, and cameras are welcome. Pony rides will only be offered on Friday's after 4PM and on Saturday's from 10AM-12PM. Please call ahead to schedule an appointment. Ride and groom combos are available for an additional \$5. Participants choosing this option will get a 10 minute pony ride and a 10 minute grooming session.

Ride only: Residents \$15/Non-Residents \$20

Ride/Groom Combo: Residents \$20/ Non-Residents \$25

Location Key
NORM Normantown Trails Equestrian Center
12151 S. Normantown Rd.

Horseback Riding

NTEC Field Trips

Spend a day away from the barn to explore the horse world. Students will take a Park District van to various locations over the summer. Parents are also welcome to join us! The following is a brief description of the trips. Please call NTEC at (815) 254-1950 for more information.

Arlington Racetrack- Watch the horses go through their morning training regimen against a breathtaking backdrop of early morning sunlight and enjoy a delicious breakfast buffet from 7:30-9:30 a.m. Track announcer John G. Dooley and others host an entertaining, informative program covering everything from training horses to track maintenance. We will also go on a backstretch tour at 10 a.m. R \$40/NR \$48. Program #27709A1.

Temple Farm- Watch a Lippizan performance in Wadsworth, IL. In the 16th and 17th centuries, many riding masters in Europe created academies where they taught sophisticated training methods, which elevated plain riding to an art form. This art of riding has survived for more than four centuries at the Spanish Riding School of Vienna and is also practiced today at Tempel Farms, home of the world's largest privately-owned herd of Lipizzan horses. The training of the Lipizzan begins when the horse is 4 years old and lasts 3-5 years. This program will introduce you to various stages of this training. R \$55/NR \$65. Program #27709C1.

Program #	Day	Date	Time	Location
27709A1	Sa	Jul. 17	6:30 am-12:30 pm	NORM
27709C1	Su	Aug. 8	11 am-5 pm	NORM

Ages 8 & up
Min. 7/Max. 13

Summer Riding Camps

Spend part of your summer vacation with horses! NTEC has a variety of summer camps for new and experienced riders. In addition to riding, the campers will learn more about horses in the classroom. For safety purposes, students need to wear boots with a small heel and long pants. Helmets are available. Students who fail to wear proper attire will not be allowed to ride. There are no make-ups for missed days.

Pee Wee Equestrians

Students will learn how to groom, mount, dismount, and steer at a walk during their time at the stables. They will also learn horse emotions as well as basic horse colors and body parts. Each rider will have a handler to lead the horse/pony during the riding portion of the camp.

Program #	Day	Date	Time	Location
22703A1	M/W	Jun. 14&16	9-11 am	NORM
22703B1	M/W	Jul. 12&14	9-11 am	NORM

Ages 5-7
R \$150/NR \$180
Min. 3/Max. 6

DON'T DELAY!
Programs that fail to reach minimum enrollment
5 business days prior to the first class meeting
will be canceled.

Advanced Pee Wee Camp

If two days of pee wee camp is not enough for your child, sign up for our three day camp. The additional day will help students master the basic horsemanship skills taught in our pee wee classes. Campers will also learn how to bathe a horse on the last day of camp.

Program #	Day	Date	Time	Location
22704A1	M-W	Jun. 28-30	9-11 am	NORM

Ages 5-7
R \$225/NR \$270
Min. 3/Max. 6

Horseback Riding

Beginner 1 Horse Lover Camp

This camp is for students with little or no experience around horses. Participants will learn the basics of horse care and riding. Examples of topics to be covered include: grooming, tacking, leading, mounting, dismounting, proper position, steering, basic gaits, parts of the horse, feeding, stall cleaning, and common horse terminology. Campers need to bring a brown bag lunch and beverage with them each day. It is up to the instructor to decide on horse/pony assignments. Students will be divided into groups that will rotate activities throughout the day.

Program #	Day	Date	Time	Location
27705A1	M-F	Jun. 7-11	9 am-1 pm	NORM
27705B1	Tu-Th	Jul. 6-8	9 am-1 pm	NORM

Ages 8-18
R \$295/NR \$330
R \$180/NR \$220
Min. 5/Max. 15

Beginner 2 Horse Lover Camp

Beginner level 2 riders are those that have participated in past summer camps and/or group lessons and already know how to lead a horse, groom, and tack with some assistance. These riders should also be comfortable mounting, dismounting, and riding at a walk without a handler. Students will review past camp information and learn more about basic first aid, how to safely do turn-out, feed rations, blanketing, and basics of good and bad confirmation. New riding skills include learning diagonals, riding a figure 8, riding a serpentine, and going over trot poles.

Program #	Day	Date	Time	Location
27701A1	Tu-Th	Jun. 22-24	9 am-1 pm	NORM
27701B1	M-F	Aug. 2-6	9 am-1 pm	NORM

Ages 8-18
R \$180/NR \$220
R \$295/NR \$330
Min. 5/Max. 15

Location Key

NORM Normantown Trails Equestrian Center
12151 S. Normantown Rd.

Intermediate Horse Lover Camp

An intermediate rider is a student who has been taking lessons for at least a year and knows how to lead a horse, groom, and tack on his/her own. These students should also be able to ride with great control at a walk and trot. Campers will learn about confirmation, lameness issues, common equine diseases and prevention, how to pull a mane, how to clip, how to wrap, and how to take a horse's temperature. New riding skills include learning how to and/or improving the canter, getting the correct lead, riding without stirrups, and performing patterns.

Program #	Day	Date	Time	Location
27707A1	M-W	Jul. 19-21	9 am-1 pm	NORM

Ages 8-18
R \$180/NR \$220
Min. 5/Max. 15

**Resident Registration Begins
Friday, May 14, 6-8 p.m.
Online & In-Person!**

Jump Camp

Advanced riders are invited to ride with Mary Grace Sinclair at our 2 day jumping camp. Participants will learn from the ground up by discussing the following topics: the difference between jumping disciplines, such as hunters and jumpers, how to walk a line before jumping, and how to set a course. The mounted portion will include riding a gymnastics line and jumping a student set course. Please note that this camp is for riders who have been taking regular lessons for at least 5 years and have jumped two foot courses. An evaluation lesson is required if you are not one of our current students but would like to sign up for the camp. Please contact NTEC if you have any questions (815) 254-1950.

Program #	Day	Date	Time	Location
24701A1	Tu-Th	Jun. 15&17	9 am-12 pm	NORM

Ages 13 & up
R \$150/NR \$180
Min. 3/Max. 6

Horseback Riding

Private Lessons

Private lessons are available for riders ages 8 and older. Schedule your private lesson by calling (815) 254-1950. Fee for ½ hour private lesson is \$35 for residents or \$40 for non-residents. Private lesson packages consisting of 4, 8, or 12 lessons are available for purchase. There is a \$10 discount for every 4 pre-purchased private lessons. Plan to be at the stable at least 30 minutes prior to your lesson time and remain at least 15 minutes after to care for the horse. No refunds for package lessons.

Semi-Private/Group Lessons

NTEC is now offering a variety of hour long group lessons to suit your needs. Semi-private and group lessons are a great way to start getting into horseback riding. We can also customize group and semi-private lessons if needed such as for a one time special occasion or for students who would rather ride together. Please call NTEC at (815) 254-1950 to schedule an appointment. No make-ups for missed lessons.

Beginner 1 Group Lesson

Looking to save a few dollars? Then sign up for our beginner group lessons. Students will learn the same basic riding and horsemanship skills as our Beginner I Semi-Private Lessons, but the class sizes will be larger. The first session is non-riding and will teach students how to lead, groom and tack a horse.

Program #	Day	Date	Time	Location
27703A1	Sa	Jun. 5-26	9-10 am	NORM
27703B1	Sa	Aug. 7-28	9-10 am	NORM

Ages 8-18
R \$140/NR \$170
Min. 3/Max. 4

Beginner 2 Group Lesson

Beginner 2 group lessons are for students who have successfully completed Beginner 1 group lessons or have taken equivalent classes. Participants need to be able to properly complete the following tasks before signing up for this course: put a halter on, lead a horse to the crossties, groom a horse, know what tack is needed for riding, and be able to correctly tack a horse with some assistance. Beginner 1 classes may be repeated if students are not comfortable performing the skills mentioned above. Students will be introduced to riding patterns and balance exercises during the Beginner 2 course.

Program #	Day	Date	Time	Location
27706B1	Sa	Jul. 10-31	9-10 am	NORM

Ages 8-18
R \$140/NR \$170
Min. 3/Max. 4

Reins of Change Equine Assisted Learning Classes - NEW!

Experience the powerful influence of horses! Our new equine classes follow the EAGALA (Equine Assisted Growth and Learning Association) model where students learn about themselves and others by participating in activities with horses and then processing and discussing the different outcomes. The focus of these classes is not on riding or horsemanship. Sessions consist of setting up various ground activities involving the horses which require participants to apply certain skills. Classes can focus on skills like non-verbal communication, assertiveness, creative thinking, problem solving, leadership, work ethic, taking responsibility, teamwork, relationship building, confidence, self-esteem and attitude.

Reins of Change, Center for Equine Assisted Growth and Learning is working with the Plainfield Park District to offer this program. Reins of Change EAGALA certified staff will be running all of the Equine Assisted Learning sessions. Please note that these classes differ from Equine Assisted Psychotherapy so those looking for mental health options need to contact Amy Blossom at Reins of Change (847) 464-5177 or www.reinsofchange.com.

Intro. to Equine Assisted Psychotherapy/Learning

Find out how you can become involved in helping people through the wonderful ways of horses. This introductory class will explain the basics of Equine Assisted Psychotherapy and Equine Assisted Learning, the qualifications needed to pursue a career in this field, what type of education is needed to work in this field, and how to get involved through Reins of Change and the Equine Assisted Growth and Learning Association. Please remember this is a non-riding class.

Program #	Day	Date	Time	Location
24703A1	F	Jun. 4	10 am-12 pm	NORM

Ages 16 & up
R \$96/NR \$115
Min. 6/Max. 20

Pony Pals

Specialized activities with our horses help kids learn to develop healthy friendships, learn about cooperative teamwork, and improve self-esteem, confidence, communication, and social skills. Please remember this is a non-riding class.

Program #	Day	Date	Time	Location
22702A1	M/Tu	Jun. 21-22	1:30-2:30 pm	NORM
22702B1	M/Tu	Jun. 28-29	1:30-2:30 pm	NORM
22702C1	M/Tu	Jul. 19-20	1:30-2:30 pm	NORM
22702D1	M/Tu	Aug. 16-17	1:30-2:30 pm	NORM

Ages 5-8
R \$96/NR \$115
Min. 6/Max. 15

Horseback Riding

Stable Kids Group A (Co-Ed)

Specialized activities with our horses help kids learn to develop healthy friendships, learn about cooperative teamwork, improve self-esteem, confidence, communication, and social skills. Please remember this is a non-riding class.

Program #	Day	Date	Time	Location
22701A1	M/Tu	Jun. 21-22	12-1 pm	NORM
22701B1	M/Tu	Jun. 28-29	12-1 pm	NORM
22701C1	M/Tu	Jul. 19-20	12-1 pm	NORM
22701D1	M/Tu	Aug. 16-17	12-1 pm	NORM

Ages 9-12
R \$96/NR \$115
Min. 6/Max. 15

Stable Kids Group B (Girls Only)

Specialized activities with our horses focus on common adolescent girls' issues including self-esteem, leadership skills, communication skills, and personal awareness. Please remember this is a non-riding class.

Program #	Day	Date	Time	Location
23778A1	M/Tu	June 21-22	10:30-11:30 am	NORM
23778B1	M/Tu	June 28-29	10:30-11:30 am	NORM
23778C1	M/Tu	July 19-20	10:30-11:30 am	NORM
23778D1	M/Tu	Aug. 16-17	10:30-11:30 am	NORM

Ages 13-18
R \$96/NR \$115
Min. 6/Max. 15

Stable Kids Group C (Boys Only)

Specialized activities with our horses focus on common adolescent boys' issues including leadership skills, team work, communication skills, confidence, and personal awareness. Please remember this is a non-riding class.

Program #	Day	Date	Time	Location
23779A1	M/Tu	Jun. 21-22	4:30-5:30 pm	NORM
23779B1	M/Tu	Jun. 28-29	4:30-5:30 pm	NORM
23779C1	M/Tu	Jul. 19-20	4:30-5:30 pm	NORM
23779D1	M/Tu	Aug. 16-17	4:30-5:30 pm	NORM

Ages 13-18
R \$96/NR \$115
Min. 6/Max. 15

Discovering Your Inner Cowgirl

Specialized activities with our horses focus on women's issues including body image, self-esteem, leadership skills, interpersonal and relationship skills. Please remember this is a non-riding class.

Program #	Day	Date	Time	Location
24705A1	M/Tu	Jun. 21-22	9-10 am	NORM
24705B1	M/Tu	Jun. 28-29	9-10 am	NORM
24705C1	M/Tu	Jul. 19-20	9-10 am	NORM
24705D1	M/Tu	Aug. 16-17	9-10 am	NORM

Ages 18 & up
R \$96/NR \$115
Min. 6/Max. 15

Leadership and Horses

Is your career running in the right direction? Maybe you just need a little "Horse Power." Learn about leadership through the eyes of a horse. Consider how horse herd behaviors relate to corporate leadership and team work. Private groups also available. Please remember this is a non-riding class.

Program #	Day	Date	Time	Location
24704A1	M	Jun. 21	6:15-7:15 pm	NORM
24704B1	M	Jun. 28	6:15-7:15 pm	NORM
24704C1	M	Jul. 19	6:15-7:15 pm	NORM
24704D1	M	Aug. 16	6:15-7:15 pm	NORM

Ages 18 & up
R \$48/NR \$58
Min. 6/Max. 20

**Resident Registration Begins
Friday, May 14, 6-8 p.m.
Online & In-Person!**

Horses and Humans

Join us as we brush, lead, and work with horses and learn how horses are a lot like us! Build confidence and new friendships in the barn! Please remember this is a non-riding class.

Program #	Day	Date	Time	Location
25701A1	M/Tu	Jun. 21-22	3-4 pm	NORM
25701B1	M/Tu	Jun. 28-29	3-4 pm	NORM
25701C1	M/Tu	Jul. 19-20	3-4 pm	NORM
25701D1	M/Tu	Aug. 16-17	3-4 pm	NORM

Ages 55 & up
R \$96/NR \$115
Min. 6/Max. 15

Location Key
NORM Normantown Trails Equestrian Center
12151 S. Normantown Rd.