

## Youth

### Spring Break Camp for Youth

Take a trip to our Spring Break Camp! Join us and enjoy games and activities, craft projects, and being creative as we take a pretend journey to different destinations. Children must bring a lunch and a snack each day. KB

Program #	Day	Date	Time	Location
32420A1	M-F	Mar. 29-Apr. 2	9 am-4 pm	RECAD

Ages 5-10

R \$149/NR \$234

Min. 10/Max. 16

Registration deadline is Friday, March 12.

**Resident Registration Begins  
Friday, Dec. 11, 6-8 p.m.  
Online & In-Person!**

### MSA Spring Break Camp

Looking for something cool to do this spring break? Each day, we will travel to a different destination for some spring break fun! Trip schedule will be available online Feb. 19 at [www.plainfieldparkdistrict.com](http://www.plainfieldparkdistrict.com). Gather your friends and sign up today, spaces are limited! KB

Program #	Day	Date	Time	Location
33420A1	M-F	Mar. 29-Apr. 2	9 am-4 pm	RECAD
33420B1	M	Mar. 29	9 am-4 pm	RECAD
33420C1	Tu	Mar. 30	9 am-4 pm	RECAD
33420D1	W	Mar. 31	9 am-4 pm	RECAD
33420E1	Th	Apr. 1	9 am-4 pm	RECAD
33420F1	F	Apr. 2	9 am-4 pm	RECAD

Ages 10-12

Enroll in all 5 days and save! R \$245/NR \$367.50

Individual Day Trips – R \$64/NR \$96 each

Min. 8/Max. 13

Registration deadline is Friday, March 12.

### Culinary Kids-Ooey Gooney

We will be creating ooey, gooey treats! Please bring an apron to class, because we will be getting “ooey, gooey” too. Instructor: Darlene Finck. MB

Program #	Day	Date	Time	Location
32407A1	M	Feb. 22-Mar. 22	4:30-5:15 pm	STREA

Ages 7-9

R \$50/NR \$75

Min. 6/Max. 10

### GROWING UP

#### Magic of Manners

Utilizing magic to present basic manners, topics will include the Golden Rule, magic words, hats, compliments, making introductions, meeting and greeting others, mealtime manners and putting your best foot forward. Objective is to assist young people to be confident and successful in school and social settings. Instructor: Jim Black MB

Program #	Day	Date	Time	Location
32405A1	W	Mar. 10-17	5-6:30 pm	STREA
32405B1	Th	May 6-13	5-6:30 pm	STREA

Ages 6 & up

R \$35/NR \$52.50

Min. 8/Max. 15

#### Home By Myself

The course was developed to make children feel safe and lessen the dangers of being alone. Topics that will be discussed include having a plan for when by themselves, how to use the telephone correctly, posting emergency numbers, locking doors and windows, checking in with parents or a trusted neighbor, what to do in case of a fire, adopting a family code, what to do if followed and how to use and make a first aid kit. Please bring paper and pencil. You may bring a drink to class (no glass bottles). Instructor: Marylouise Kiefert MB

Program #	Day	Date	Time	Location
32107A1	Sa	Feb. 20	9-11 am	STREA
32107B1	Sa	May 8	9-11 am	STREA

Ages 7-11

R \$20/NR \$30

Min. 10/Max. 20

#### Babysitting Clinic

This clinic for the young babysitter teaches the various aspects of babysitting and staying home alone. Each participant who attends the session, correctly demonstrates all skills, completes all course work sheets and quizzes is eligible to receive a certificate of completion. Please bring a sack lunch and a drink (no glass bottles) Instructor: Marylouise Kiefert MB

Program #	Day	Date	Time	Location
32108A1	Sa	Feb. 27	9 am-3 pm	STREA
32108B1	Sa	Apr. 17	9 am-3 pm	STREA

Ages 11 & up

R \$30/NR \$45

Min. 10/Max. 20

## Youth

### ARTS

#### Having Fun with Art

Paint is pretty, chalk is cheerful, markers are marvelous, and glitter is glamorous! In this class, we will use all of these and more to create unique works of art. You will be amazed at the wonderful masterpieces you can create. Instructor: Caryn Dean. MB

Program #	Day	Date	Time	Ages	Location
32100A1	Tu	Jan. 12-Feb. 9	4:30-5:15 pm	6-8	STREA
32100A2	Th	Jan. 14-Feb. 11	4:30-5:15 pm	9-12	STREA
32100B1	Tu	Feb. 23-Mar. 23	4:30-5:15 pm	6-8	STREA
32100B2	Th	Feb. 25-Mar. 25	4:30-5:15 pm	9-12	STREA
32100C1	Tu	Apr. 6-May 4	4:30-5:15 pm	6-8	STREA
32100C2	Th	Apr. 8-May 6	4:30-5:15 pm	9-12	STREA

R \$50/NR \$75  
Min. 6/Max. 10

#### Magic Class

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided and each child receives a magic kit to take home. Children are grouped by age and will learn tricks that are age appropriate. Instructor: Magic Team of Gary Kantor. MB

Program #	Day	Date	Time	Location
32406A1	Th	Jan. 21	7-7:55 pm	STREA
32406B1	Th	Mar. 25	5:30-6:25 pm	RECAD
32406C1	Tu	May 18	5:30-6:25 pm	STREA

Ages 5-12  
R \$20/NR \$30  
Min. 5/Max. 20

#### Weber Irish Dance

Irish dance is thriving in the southwest suburbs. Children of every nationality will enjoy this dance class. Participants will learn Irish Step and Figure Dancing and participate in Weber Dance events such as St. Patrick's Day parades, competitions, and recitals. Placement in beginner, intermediate and advanced levels will be determined at the first class. Instructor: Weber Staff. CK

Program #	Day	Date	Time	Location
38370A1	Sa	Jan. 9-May 15	12-1 pm	STREA

No class March 13, March 27, April 3.  
Ages 6 & up  
R \$175/NR \$262.50  
Min. 10/Max. 20

#### Let's Create a Calendar - NEW!

Creating a unique, personalized calendar can be fun. Using various art media and monthly grids, you will design your very own 2010 keepsake calendar. Join us for the fun! Instructor: Caryn Dean. MB

Program #	Day	Date	Time	Location
32124A1	Th	Jan. 14-Feb. 11	6-6:45 pm	STREA

Ages 7-9  
R \$40/NR \$60  
Min. 6/Max. 10

#### Looming - NEW!

Learn how to knit on a loom. It's fun fast and EASY! Using the Knifty Knitter looms you can now learn everything you thought you would never be able to make. You can make flat projects and round projects. You can make things from new born to extra large. In the very first class you will be able to knit in the round and make a hat. Anyone can do this. The best part is it's easy on the hands and wrists. So sign up and let's get to Looming. Included in the class is a Knifty Knitter set. Each participant must bring 2 skeins of number four worsted weight yarn. KW

Program #	Day	Date	Time	Location
32123A1	Sa	Jan. 16-Feb. 6	10-10:45 am	STREA
32123B1	Sa	Mar. 6-27	10-10:45 am	STREA

Ages 8-10  
R \$57/NR \$85  
Min. 4/Max. 10

### EDUCATION

#### World Travelers - NEW!

Grab your passport and head to a new exciting destination each week where we may explore the foods, arts, crafts and games from this place abroad. Instructor: Sylvie Kemp. MB

Program #	Day	Date	Time	Location
31127A1	Sa	Jan. 16-Feb. 13	11:00-11:45 am	STREA
31127B1	Sa	Apr. 17-May 15	11:00-11:45 am	STREA

Ages 5-7  
R \$40/NR \$60  
Min. 6/Max. 10

#### Location Key

RECAD Recreation/Administration Center  
23729 W. Ottawa St.  
STREA Streams Recreation Center  
24319 Cedar Creek Ln.

## Youth

### Mad Science - System 4

Spark the curiosity and imagination of children with fun and exciting hands-on experiments. Each week we will focus on different topics and make great take-home projects. Children will play detective unleashing the mystery behind forensic science, gain insurmountable strength with Mad Science Machines, get an exciting look at the wonderful and sometimes gross things that make up the human body, and much more! Topics for the session are Detective Science, Cells, Mad Science Machines, Body Basics, and Walloping Weather. Instructor: Mad Science Staff. MB

Program #	Day	Date	Time	Location
32104A1	Tu	Feb. 23-Mar. 23	4:30-5:30 pm	STREA

Ages 5-11  
R \$75/NR \$112.50  
Min. 12/Max. 25

### Mad Science - System 5

Spark the curiosity and imagination of children with fun and exciting hands-on experiments. Each week we will focus on different topics and make some great take-home projects. During this 4-week program children will explore buoyancy with your own exciting Cartesian Diver, bring science down to Earth with Physics, move around with kinetic energy, and bring out your inner inventor as we study scientist inventors. Topics include Life in the Sea, Physics, Scientists and Inventors, Energy Burst! Instructor: Mad Science Staff. MB

Program #	Day	Date	Time	Location
32109A1	F	Jan. 15-Feb. 5	4:30-5:30 pm	STREA

Ages 5-11  
R \$60/NR \$90  
Min. 12/Max. 25

If you or a family member would like to enroll in a Park District program and need assistance under the Americans with Disabilities Act, simply request additional services by marking the ADA section on the registration form. Inclusion services are available to people who need physical assistance, adaptations, accommodations, and support necessary to allow for social, mental, and emotional inclusion. Inclusion requests will be forwarded to JBSRA, who will work to find the appropriate assistance. Please provide at least two weeks notice prior to the start of the program for an inclusion request.

### Lasers, Ice & More - NEW!

Dry Ice - explore the 3 states of matter. Turn water to ice in 30 seconds, build a giant bubbling potion, carbonate plain drinking water and create the same awesome smoke illusions used in the movies. Laser Light - learn about light, colors, holograms & special effects. Use a real laser to create illusions, design a lightshow and compete in a friendly game of laser limbo. Matter - investigate the ingredients of the universe! Build your own marshmallow molecules! Add water to make a polymer expand before your very eyes...and use our secret formula to make your own silly putty! Instructor: Mad Science Staff MB

Program #	Day	Date	Time	Location
32120A1	Sa	Mar. 6	10 am-2 pm	STREA

Ages 5-12  
R \$56/NR \$84  
Min. 12/Max. 25

### Explosions in the Sky - NEW!

Get ready for explosive fun with this 3 hour program. Kids will learn about the amazing force created by chemical reactions, as they help release a genie from a bottle and see some super powered elephant toothpaste. Once we've seen the power behind these reactions, we'll learn about propulsion firsthand as we launch a model rocket. The fun doesn't end when the class is over, the kids will get their own gooey reaction to keep, and an action flask to continue the experiments at home. Instructor: Mad Science Staff MB

Program #	Day	Date	Time	Location
32121A1	F	Feb. 12	5-8 pm	STREA

Ages 6-13  
R \$50/NR \$75  
Min. 10/Max. 25

### Brainy Electricity - NEW!

Do we really only use 10% of our brains? Your child will learn the answer to this question as well as get a crash course on the electricity behind the impulses our brain uses to communicate. Everyone's hair will stand on end (literally!) when we bring out our amazing Van Dee Graaff generator, light up light bulbs by completing a circuit and we'll even get our own brain goo and an electric circuit to take home. Instructor: Mad Science Staff MB

Program #	Day	Date	Time	Location
32122A1	Sa	Jan. 23	11 am-2 pm	STREA

Ages 6-13  
R \$50/NR \$75  
Min. 10/Max. 25

## Youth

### Science Activities for Kids: Explorers

Conduct and observe interesting and exciting experiments! We'll explore many fundamental science concepts using scientific instruments. All materials provided. Topics include Physical science, simple machines, chemistry, and more. Instructor: Cathy Gore MB

Program #	Day	Date	Time	Location
32400A1	M	Jan. 25-Feb. 15	6:30-7:15 pm	STREA

Ages 7-10  
R \$40/NR \$60  
Min. 4/Max. 10

### Science Activities for Kids: Investigators

Conduct and observe interesting and exciting experiments! We'll explore many fundamental science concepts using scientific instruments. All materials provided. Topics include plants, chromatography, solids/liquids/gases, slime, etc. Instructor: Cathy Gore MB

Program #	Day	Date	Time	Location
32403A1	M	Apr. 12-May 3	6:30-7:15 pm	STREA

Ages 7-10  
R \$40/NR \$60  
Min. 4/Max. 10

### Plainfield's Magnificent Race - NEW!

The weather is getting nice and racing season is near. As a member of a film crew, you will follow your favorite race car driver and make a highlight film. As part of the team, you will decide on the type of race and track design, create your own sets to stage your film, use digital movie making cameras and software to capture the race, and produce a highlight reel ready for prime-time screening on the last day of class. You will be able to add narration, background noises (squealing tires and brakes) and special effects in the editing process, and even determine the winner! All students will receive a copy of their movie on a CD-ROM after class is complete. Instructor: Computer Explorers Staff. MB

Program #	Day	Date	Time	Location
32422A1	M	Apr. 19-May 10	4:30-6 pm	STREA

Ages 8-12  
R \$75/NR \$112.50  
Min. 4/Max. 10

#### Location Key

RECAD Recreation/Administration Center  
23729 W. Ottawa St.  
STREA Streams Recreation Center  
24319 Cedar Creek Ln.

### Video Game Animation

Dive into the world of video game animation by creating characters that dance, sing and interact with one another. Add sound effects and music clips to create a dynamic video animation game by using software created just for kids. Afterwards, you can post your game online so that your friends, your parents, even your grandmother can play your video game! Creativity rules in this fun version of video game design! Students will work in groups of 2 per computer. Instructor: Computer Explorers Staff MB

Program #	Day	Date	Time	Location
32414A1	M	Mar. 22-Apr. 12	4:30-6 pm	STREA

Ages 8-12  
R \$75/NR \$112.50  
Min. 4/Max. 10

### Fun-gineering

Using Lego Educational kits, budding engineers will learn about simple machines by building models of real-life devices such as a folding lawn chair, a car, a drawbridge or a conveyor belt. They will learn about the concepts of pulleys, levers, wheels, axles, and gears, and bring their projects to life using battery-operated motors. Through the building of realistic motorized models, students will develop an understanding of mechanical principles. They will explore, investigate, and solve problems in a fun group environment. 2 children per LEGO kit. Instructor: Computer Explorers Staff. MB

Program #	Day	Date	Time	Location
32417A1	M	Feb. 15-Mar. 8	4:30-6 pm	STREA

Ages 8-12  
R \$75/NR \$112.50  
Min. 4/Max. 8

### Moviemaking: SpongeBob Movie - NEW!

What is the next underwater adventure for SpongeBob and Patrick? You decide! Using your own imagination, creativity, special digital movie making cameras, software and SpongeBob Lego sets, you will create your very own SpongeBob movie! You will become part of a team of writers, photographers, directors, and producers and create your own story and script, build various SpongeBob Lego scenes and film your own movie. You will use graphic editing techniques and stop motion animation, add background noise and music, and show your movie at a private screening on the last day of class. All students will get a copy of their movie after class is complete. Instructor: Computer Explorers Staff. MB

Program #	Day	Date	Time	Location
32421A1	M	Jan. 11-Feb. 1	4:30-6 pm	STREA

Ages 8-12  
R \$75/NR \$112.50  
Min. 4/Max. 10

# Youth

## ATHLETICS

### Volleykidz

Volleykidz is an introductory class for children ages 5 - 8. The lesson plan introduces the pass, set and spike using a very light volleyball. Volleykidz will improve each child's hand/eye coordination and left/right coordination through the use of fun drills and gross motor games. Lesson plan also incorporates short educational drills including spelling, math & science. Instructor: Volleyball Professionals. CK

Program #	Day	Date	Time	Location
32202A1	W	Jan. 6-Feb. 17	6-7 pm	LAKEW
32202B1	W	Mar. 10-Apr. 28	6-7 pm	LAKEW

No class March 31.

Ages 5-8

R \$76/NR \$114

Min. 8/Max. 24

### Youth Volleyball Skills/Drills

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving and spiking. The lesson plan directs the use of self-mastery training and groups that help each student reach a new level. Instructors organize short games at the end of each class. Lesson plan also incorporates short educational drills including spelling, math & science. Instructor: Volleyball Professionals. CK

Program #	Day	Date	Time	Location
32201A1	W	Jan. 6-Feb. 17	7-8 pm	LAKEW
32201B1	W	Mar. 10-Apr. 28	7-8 pm	LAKEW

No class March 31.

Ages 8-11

R \$76/NR \$114

Min. 8/Max. 24

### Junior Volleyball Skill/Drills

Improve your volleyball skills with drills in setting, passing, overhand serving and spiking. Use self-mastery training and group drills to help students reach new levels. Instructors organize games at the end of each class. Lesson plan also incorporates short educational drills including spelling, math and science. Instructor: Volleyball Professionals. CK

Program #	Day	Date	Time	Location
33200A1	W	Jan. 6-Feb. 17	8-9 pm	LAKEW
33200B1	W	Mar. 10-Apr. 28	8-9 pm	LAKEW

No class March 31.

Ages 11-14

R \$76/NR \$114

Min. 8/Max. 24

### Soccer II

We will learn about game situations, including how to spread out and call for the ball. Positioning and team work is our main focus in this class. Fun games are played to keep everyone learning and moving. Participants must wear shin pads. Contracted Service taught by All Star Sports Instruction. AS

R \$38/NR \$57

Program #	Day	Date	Time	Location
32230A1	M	Jan. 11-Feb. 8	6:45-7:45 pm	JFK

R \$49/NR \$73.50

Program #	Day	Date	Time	Location
32230B1	M	Feb. 22-Mar. 22	6:45-7:45 pm	JFK

No class January 18.

Ages 5-7

Min. 6/Max. 16

### Minor Hawks Tot Hockey

Teaches kids to skate and introduces them to ice hockey. Also demonstrates teamwork, self-confidence and determination. For kids with little or no skating experience. AS

Program #	Day	Date	Time	Location
31226A1	W	Jan. 6-Feb. 24	5:30-6:15 pm	INTNL
31226A2	Sa	Jan. 2-Feb. 27	1-1:45 pm	INTNL
31226B1	W	Mar. 24-May 12	5:30-6:15 pm	INTNL
31226B2	Sa	Mar. 27-May 15	1-1:45 pm	INTNL

Ages 4-8

R \$75/NR \$112.50

Min. 1/Max. 15

### Minor Hawks Pre Hockey

Instructional sessions consist of an 8-week clinic with 1 hour of ice time per week. Sponsored by the Chicago Blackhawks and Amateur Hockey Association Illinois (AHA). This program is geared toward skill development, dependent on player developmental stages, and designed for increasing interest in hockey. For kids with previous skating experience. AS

Program #	Day	Date	Time	Location
31227A1	W	Jan. 6-Feb. 24	6:15-7:20 pm	INTNL
31227A2	Sa	Jan. 2-Feb. 27	11:50 am-12:55 pm	INTNL
31227B1	W	Mar. 24-May 12	6:15-7:20 pm	INTNL
31227B2	Sa	Mar. 27-May 15	11:50 am-12:55 pm	INTNL

Ages 4-8

R \$75/NR \$112.50

Min. 1/Max. 15

## Youth

### International Ice Pre Alpha

The International Ice Centre has an excellent Learn to Skate programs that can accommodate the beginner skater to the advanced level skater through a variety of classes. The Learn to Skate program curriculum is designed to keep skaters enthusiastic about learning and achieving his or her skating goals. Free Learn to Skate Practices: Thursday 5:40-6pm and Saturday 9:40-10am and 10:40-11am. AS

R \$90/NR \$135

Program #	Day	Date	Time	Location
32225A6	W	Jan. 6-Feb. 24	1-1:45 pm	INTNL
32225B6	W	Mar. 10-Apr. 28	1-1:45 pm	INTNL

R \$100/NR \$150

Program #	Day	Date	Time	Location
32225A1	Th	Jan. 7-Feb. 25	5-5:40 pm	INTNL
32225A2	Th	Jan. 7-Feb. 25	6-6:40 pm	INTNL
32225A3	Sa	Jan. 9-Feb. 27	9-9:40 am	INTNL
32225A4	Sa	Jan. 9-Feb. 27	10-10:40 am	INTNL
32225A5	Sa	Jan. 9-Feb. 27	11-11:40 am	INTNL
32225B1	Th	Mar. 11-Apr. 29	5-5:40 pm	INTNL
32225B2	Th	Mar. 11-Apr. 29	6-6:40 pm	INTNL
32225B3	Sa	Mar. 3-May 4	9-9:40 am	INTNL
32225B4	Sa	Mar. 3-May 4	10-10:40 am	INTNL
32225B5	Sa	Mar. 3-May 4	11-11:40 am	INTNL

Ages 5 & up  
Min. 5/Max. 15

### Roller/Inline Skating

Skating can be fun and easy for kids and adults! With so many schools offering skating parties, this is the perfect opportunity to give your kids the confidence they need. Whether a beginner or a more advanced skater, we have something for everyone. We cover safety, starting, stopping, forward cross over, hockey stops, backward skating, skating with a partner, simple jumps and spins and basic jam moves. Parents may skate the warm up times with their kids for FREE! All Saturday class members may stay to skate the public session immediately following class for FREE! For more information, Call Skate Aurora at (630)-898-5830. AS

Program #	Day	Date	Time	Location
37202A1	Sa	Jan. 2-Feb. 6	12-1 pm	SKTAU
37202A2	Sa	Feb. 13-Mar. 20	12-1 pm	SKTAU
37202A3	Sa	Mar. 27-May 1	12-1 pm	SKTAU

All Ages  
R \$44/NR \$66  
Min. 8/Max. 20

### Skate Board Lessons Beginners

This class is for those individuals who want to learn the basics and have no experience with the skate park. The class will focus on the following areas: stance, pushing techniques, turning, stopping, skating terminology, board basics, beginning tricks, and safety. The final class will include a free skate session and skater evaluation. All skaters are required to wear a helmet, pads and provide their own skateboard to participate. AS

Program #	Day	Date	Time	Location
32220A1	Sa	Apr. 24-May 15	9:30-10:15 am	RENWI

Ages 7-12  
R \$50/NR \$75  
Min. 6/Max. 12

### Skate Board Lessons Continuers

This class is for those individuals who want to learn the basics and have no experience with the skate park. The class will focus on the following areas: stance, pushing techniques, turning, stopping, skating terminology, board basics, beginning tricks, and safety. The final class will include a free skate session and skater evaluation. All skaters are required to wear a helmet, pads and provide their own skateboard to participate. AS

Program #	Day	Date	Time	Location
32221A1	Sa	Apr. 24-May 15	10:30-11:15 am	RENWI

Ages 7-12  
R \$50/NR \$75  
Min. 6/Max. 12

### Jeric's Skate Contest

All contestants will be guaranteed one qualifier 1-minute run to show off their best tricks for the crowd and judges. Top scorers from the first run will then skate in a second and deciding final run. Music will be played during the competition. All participants must wear helmets. AS/KB

Program #	Day	Date	Time	Location
37420A1	Sa	May 15	11 am-4 pm	RENWI

Ages 5-17  
\$10 pre-registration  
\$15 day-of-event registration  
Min. 20/Max. 50

#### Location Key

See page 45!

## Youth

### Basketball

This program will introduce your children to the game of basketball whether they are beginners or all-stars needing instruction to get to the next level. Basic skills of dribbling, passing, shooting and defense will be taught. Games will be played to show the importance of teamwork in game situations. Equipment provided. Contracted Service taught by All Star Sports Instruction. AS

Program #	Day	Date	Time	Ages	Location
31205A2	Th	Jan. 14-Feb. 11	5-6 pm	4-6	LINC
31205A3	Th	Jan. 14-Feb. 11	6-6:45 pm	6-8	LINC

No class March 9.  
 R \$49/NR \$73.50  
 Min. 6/Max. 16

### Rising Stars Basketball Skills

This class is to help kids prepare for the Winter basketball season and beyond. Class is taught by professional coaches who are passionate about sharing their love for the greatest game ever invented and who sincerely care about the integrity of basketball and its players. Players will be exposed to the fundamentals of basketball, teamwork, and sportsmanship in an action-packed environment that will develop each player inside and out. Each age level will focus on specific elements of shooting, dribbling, passing, etc essential to develop confidence and success. Each training session, players will use their skills in an instructional scrimmage. Players will also be encouraged to take drills home to improve themselves. Class fee includes Rising Stars Basketball reversible practice jersey. Contracted service performed by Rising Stars Basketball, Inc. AS

Program #	Day	Date	Time	Ages	Gender
32222A1	M	Jan. 4-Feb. 8	4:30-6 pm	6-8	CoEd
32222A2	Tu	Jan. 5-Feb. 9	4:30-6 pm	7-9	Boys
32222A3	W	Jan. 6-Feb. 10	4:30-6 pm	8-10	Boys
32222A4	Th	Jan. 7-Feb. 11	4:30-6 pm	10-12	Boys
32222A5	F	Jan. 8-Feb. 12	4:30-6 pm	9-12	Boys
32222A6	M	Jan. 4-Feb. 8	6-7:30 pm	9-11	Girls
32222B1	M	Apr. 19-May 24	4:30-6 pm	6-8	CoEd
32222B2	Tu	Apr. 20-May 25	4:30-6 pm	7-9	Boys
32222B3	W	Apr. 21-May 26	4:30-6 pm	8-10	Boys
32222B4	Th	Apr. 22-May 27	4:30-6 pm	10-12	Boys
32222B5	F	Apr. 23-May 28	4:30-6 pm	9-12	Boys
32222B6	M	Apr. 19-May 24	6-7:30 pm	9-11	Girls

Rising Stars Basketball, 23860 W. Industrial Dr. North  
 R \$160/NR \$240  
 Min. 6/Max. 12

### Baseball II

Our main focus is to have FUN. We believe a love for the game must be developed for them to move on. We will cover the correct fundamentals of throwing, hitting fielding and running the bases. We will cover the game in detail while having fun. The batting tee will be taken away after a couple of classes. Equipment: Must bring own glove Contracted Service taught by All Star Sports Instruction. AS

R \$38/NR \$57

Program #	Day	Date	Time	Ages	Location
32205A1	M	Jan. 11-Feb. 8	7:45-8:45 pm	5-7	JFK

R \$49/NR \$73.50

Program #	Day	Date	Time	Ages	Location
32205B1	M	Feb. 22-Mar. 22	7:45-8:45 pm	5-7	JFK

R \$66/NR \$99

Program #	Day	Date	Time	Ages	Location
32205C1	Sa	Apr. 10-May 22	10:30-11:30 am	6-8	NWCP

No class January 18.  
 Min. 6/Max. 16

### White Sox Hitting Club

Baseball is a wonderful game but it can be frustrating if you don't hit well. The White Sox Hitting Club will present your hitter with a step-by-step approach to hitting like a Major League player. There are hitting 'absolutes' that must be present in each at bat to be successful. From Konerko to Swisher to Rodriguez to Pujols, these absolutes make all the difference. We know them and we will teach them to you. It's never too early to learn to hit correctly before bad habits become difficult to unlearn. Softball players will greatly benefit from this class as well. Once during each four-week class, former Major Leaguer (Cardinals, Brewers, Phillies) and current White Sox Academy Director, Jim Adduci will visit and teach the finer points of hitting. Student to instructor ratio will be 10:1 or less. Each student will receive a White Sox Hitting Club t-shirt and Sox Hitting Club manual. Please wear appropriate athletic wear (ex: gym shoes, sweatpants or baseball pants) and bring a baseball bat (if you have one). AS

Program #	Day	Date	Time	Ages	Location
32207A1	M	Feb. 22-Mar. 15	6-7:15 pm	6-8	CREEK
32207A2	M	Feb. 22-Mar. 15	7:15-8:30 pm	9-11	CREEK

R \$95/NR \$95  
 Min. 4/Max. 16

#### Location Key

See page 45!

## Youth

### White Sox Pitching Club

The White Sox Pitching Club will give you a first hand look at the pitching mechanics that all great pitchers use! Pitching with accuracy, velocity and minimal arm strain is no accident. There is a process that should be followed from the Big Leagues to Little League. The White Sox Pitching Club will teach you that process. Even if pitching isn't in your plans, throwing correctly is critical to becoming a good baseball player. Get on the mound and get on the right track with the White Sox Pitching Club. The White Sox Pitching Club will meet for one-hour and fifteen minutes for four weeks. Student to instructor ratio will be 10:1 or less. Each student will receive a White Sox Pitching Club t-shirt and Sox Pitching Club manual. Please wear appropriate athletic wear (ex: gym shoes, sweatpants or baseball pants) baseball glove. AS

Program #	Day	Date	Time	Ages	Location
32208A1	M	Apr. 12-May 10	6-7:15 pm	6-8	CREEK
32208A2	M	Apr. 12-May 10	7:15-8:30 pm	9-11	CREEK

No class March 19.

R \$95/NR \$95  
Min. 4/Max. 16

### Jr. Golf

Boys and girls participate in a number of fun drills and games as they learn the complicated golf swing and are taught the rules and proper etiquette of the game. Our main objective is focused on fun! Golf clubs are provided, but participants may bring their own clubs. Contracted service taught by All Star Sports Instruction, Inc. AS

Program #	Day	Date	Time	Ages	Location
32203C1	M	Apr. 5-May 17	3-3:45 pm	5-7	NWCP
32203C2	Th	Apr. 8-May 20	3:45-4:30 pm	4-6	RENWI
32203C3	F	Apr. 9-May 21	12:30-1:30 pm	4-6	RENWI
32203C4	Sa	Apr. 10-May 22	2-2:45 pm	5-7	NWCP

R \$66/NR \$99  
Min. 6/Max. 16

### Youth Golf Lessons

With the Lockport Township Park District, we are able to offer our residents golf lessons at Prairie Bluff Golf Course. These lessons are open to every level of golf from beginner to advanced, junior to senior golfer. Times are subject to change if classes do not meet minimum enrollment. AS

Program #	Day	Date	Time	Location
33202A1	W	Apr. 7-May 12	4:30-5:30 pm	PRAIR
33202A2	Sa/Su	Apr. 17-May 2	2-3 pm	PRAIR
33202B1	W	May 19-Jun. 23	4:30-5:30 pm	PRAIR
33202B2	Sa/Su	May 8-23	2-3 pm	PRAIR

Ages 8-17  
R \$55/NR \$65  
Min. 8/Max. 21

### Tennis Stars

Introduction to forehand/backhand and serving technique. Continued work on hand-eye coordination and foot skills. Fun games and activities round out this class. In case of inclement weather, call the tennis weather hotline at (815) 436-8812, x40. Instructor: MTL Tennis Management Group. CK

Program #	Day	Date	Time	Location
32213B1	Sa	Apr. 17-May 22	10-11 am	NWCP

Ages 6-7  
R \$60/NR \$90  
Min. 5/Max. 12

### Tennis Champions

Volleys and overhead techniques are introduced with continued emphasis on forehand and backhand strokes. Players begin to understand the scoring system. In case of inclement weather, call the tennis weather hotline, (815) 436-8812 x40. Instructor: MTL Tennis Management Group. CK

Program #	Day	Date	Time	Location
32214B1	Sa	Apr. 17-May 22	11 am-12 pm	NWCP

Ages 8-9  
R \$60/NR \$90  
Min. 5/Max. 12

### Tennis Masters

Continued work on all phases of the game using proper grips and technique. This class also focuses on developing consistency and placement with ground strokes. Singles and doubles match-play for the last 1/2 hour. In case of inclement weather, call the tennis weather hotline at (815) 436-8812, x40. Instructor: MTL Tennis Management Group. CK

Program #	Day	Date	Time	Location
32217B1	Sa	Apr. 17-May 22	1-2:30 pm	NWCP

Ages 10-13  
R \$90/NR \$135  
Min. 3/Max. 6

### Tennis Satellite II

For the middle school beginner player. Learn proper technique for groundstrokes, volley and serve; basic body movement and footwork; and how to track the bounce of the ball and rules of tennis. In case of inclement weather, call the tennis weather hotline at (815) 436-8812, x40. Instructor: MTL Tennis Management Group. CK

Program #	Day	Date	Time	Location
32216B1	Sa	Apr. 17-May 22	12-1 pm	NWCP

Ages 11-13  
R \$60/NR \$90  
Min. 3/Max. 6

## Youth

### Pre-Karate

Through fun and creative activities, children will develop coordination, strength and personal safety skills in a well-supervised setting. This program will give your child the lead they need in developing the memory and agility skills necessary to be successful in school and other sports. Instructor: Illinois Shotokan Karate Club. CK

Program #	Day	Date	Time	Level
32209A1	M	Jan. 4-Mar. 22	4:30-5:15 pm	Beg.
32209A2	M	Jan. 4-Mar. 22	5:15-6 pm	Cont.
32209A3	Tu	Jan. 5-Mar. 23	4:15-5 pm	Beg.
32209A4	Tu	Jan. 5-Mar. 23	5:05-5:50 pm	Cont.
32209A5	Tu	Jan. 5-Mar. 23	6-6:45 pm	Int./Adv.
32209A6	W	Jan. 6-Mar. 24	4-4:45 pm	Beg./Cont.
32209A7	W	Jan. 6-Mar. 24	4:45-5:30 pm	Novice
32209B1	M	Apr. 5-May 24	4:30-5:15 pm	Beg.
32209B2	M	Apr. 5-May 24	5:15-6 pm	Cont.
32209B3	Tu	Apr. 6-May 25	4:15-5 pm	Beg.
32209B4	Tu	Apr. 6-May 25	5:05-5:50 pm	Cont.
32209B5	Tu	Apr. 6-May 25	6-6:45 pm	Int./Adv.
32209B6	W	Mar. 31-Jun. 9	4-4:45 pm	Beg./Cont.
32209B7	W	Mar. 31-Jun. 9	4:45-5:30 pm	Novice

No class Jan. 18, Feb. 2, Feb. 15, May 19.

Ages 5-7

Session 1

M @ CHARL R \$80/NR \$120

Tu @ EAGLE R \$88/NR \$132

W @ CENSQ R \$96/NR \$144

Session 2

M @ CHARL R \$64/NR \$96

Tu @ EAGLE R \$64/NR \$96

W @ CENSQ R \$80/NR \$120

Min. 12/Max. 30

### Victory Poms

Basic cheerleading & dance moves will be taught in a fun non-competitive environment. They will learn motion techniques, jumps, sideline cheers and a short, choreographed dance. Wear comfortable clothing and gym shoes. Pom-poms will be provided. Instructors: Danielle Nowicki MB

Program #	Day	Date	Time	Location
32200A1	Th	Jan. 14-Feb. 11	5:30-6:15 pm	RECAD
32200B1	Th	Feb. 25-Mar. 25	5:30-6:15 pm	RECAD
32200C1	Th	Apr. 8-May 6	5:30-6:15 pm	RECAD

Ages 6-8

R \$45/NR \$67.50

Min. 6/Max. 10

### Youth Karate

Karate skills put children in touch with their bodies and helps build coordination, agility, strength and poise, as well as personal safety skills all in a well-supervised setting. Karate skills release tension brought on by school and peers. The confidence gained through Karate helps foster a strong positive self-image. The mental aspect of this program is both enjoyable and beneficial. Karate can improve your child's sports, school and social activities. Please note that Parent/Child, Youth and Adult classes may train together. Contracted service taught by Illinois Shotokan Karate Club. CK

Program #	Day	Date	Time	Level
32210A1	M	Jan. 4-Mar. 22	6:05-7 pm	White-Or.
32210A2	M	Jan. 4-Mar. 22	7-8 pm	Yellow&up
32210A3	Tu	Jan. 5-Mar. 23	6:50-7:45 pm	Beg./Cont.
32210A4	Tu	Jan. 5-Mar. 23	7:50-8:45 pm	Or. & up
32210A5	W	Jan. 6-Mar. 24	5:35-6:30 pm	Beg./Cont.
32210A6	W	Jan. 6-Mar. 24	6:35-7:30 pm	Or.-Yellow
32210A7	W	Jan. 6-Mar. 24	7:35-8:30 pm	Blue & up
32210B1	M	Apr. 5-May 24	6:05-7 pm	Beg./Cont.
32210B2	M	Apr. 5-May 24	7-8 pm	Yellow&up
32210B3	Tu	Apr. 6-May 25	6:50-7:45 pm	Beg./Cont.
32210B4	Tu	Apr. 6-May 25	7:50-8:45 pm	Or. & up
32210B5	W	Mar. 31-Jun. 9	5:35-6:30 pm	Beg./Cont.
32210B6	W	Mar. 31-Jun. 9	6:35-7:30 pm	Or.-Yellow
32210B7	W	Mar. 31-Jun. 9	7:35-8:30 pm	Blue & up

No class Jan. 18, Feb. 2, Feb. 15, May 19.

Ages 8-13

Session 1

M @ CHARL R \$80/NR \$120

Tu @ EAGLE R \$88/NR \$132

W @ CENSQ R \$96/NR \$144

Session 2

M @ CHARL R \$64/NR \$96

Tu @ EAGLE R \$64/NR \$96

W @ CENSQ R \$80/NR \$120

Min. 12/Max. 30

### Yoga For Kids

Yoga benefits are endless! It can improve a child's ability to focus, concentrate and listen, and it enhances self-confidence. Yoga also improves flexibility and strength. Traditional yoga techniques will be taught in a simple and fun way. Participants should wear comfortable clothing. KW

Program #	Day	Date	Time	Location
32250A1	W	Jan. 6-Feb. 10	6-6:45 pm	STREA
32250B1	W	Feb. 17-Mar. 24	6-6:45 pm	STREA
32250C1	W	Apr. 7-May 12	6-6:45 pm	STREA

Ages 6-13

R \$67/NR \$77

Min. 5/Max. 15

## Youth

### Taekwondo

Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art offering a variety of benefits for people of all ages and physical abilities. Students will improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. Classes are taught under the direction of Grand Master Ki Hong Kim 8th Dan World Tae Kwon Do Federation. A \$45 uniform fee is required at the first class.

### Early Taekwondo

Designed especially for younger children, this program helps kids develop conditioning, coordination, listening skills, and self-confidence through creative activities. CK

Program #	Day	Date	Time	Location
32240A1	Th	Jan. 7-May 27	5:45-6:30 pm	EAGLE

No class March 11 & April 1.

Ages 6-7

R \$171/NR \$256.50

Min. 5/Max. 12

### Youth Taekwondo

This program includes a balanced cardiovascular workout, including punching, kicking, and blocking skills. Participants will improve coordination, concentration, balance, and physical and mental discipline. CK

Program #	Day	Date	Time	Location
32241A1	Th	Jan. 7-May 27	6:35-7:25 pm	EAGLE

No class March 11 & April 1.

Ages 8-13

R \$171/NR \$256.50

Min. 5/Max. 12

### Youth Athletics Location Key

CENSQ	Central Square Gym * 222 E. 9th St., Lockport
CHARL	Charles Reed E.S. * 2110 Clublands Prkwy.
CREEK	Creekside E.S. * 13909 S. Budler Rd.
EAGLE	Eagle Pointe E.S. * 24562 Norwood Dr.
GLISS	Glisson's Archery * 22900 E. Main St. (Rt. 126)
INTNL	1581 W. Frontage Rd., Romeoville
JFK	John F. Kennedy M.S. * 12350 S. Essington Rd.
LAKEW	Lakewood Falls E.S. * 14050 S. Budler Rd.
LINC	Lincoln E.S. * 14740 Meadow Ln.
NWCP	Northwest Park * 127th St. west of Rt. 30
PRAIR	Prairie Bluff Golf * 19433 Renwick Rd., Lockport
RECAD	Rec./Admin. Center * 23729 W. Ottawa St.
RENWI	Renwick Park * Renwick Rd. west of Rt. 59
SKTAU	Skate Aurora * 34W113 Montgomery Rd., Aurora
STREA	Streams Rec. Center * 24319 Cedar Creek Ln.
WALGR	Walker's Grove E.S. * 24810 W. 135th St.

### Youth Fencing

This fencing class will offer students the basic understanding of attacks and defenses in fencing. Students will have fun learning different moves and combination of moves that will help them develop their fencing game. Each class will have conditioning, drilling, and bouts (actual fencing). Time will be set aside during each class for individual instruction. This program is designed for all fitness levels. Fencing equipment will be provided. Instructor: Sergey Shevtsov. CK

Program #	Day	Date	Time	Location
32271A1	W	Jan. 6-Feb. 24	6-7 pm	WALGR
32271B1	W	Mar. 17-May 12	6-7 pm	WALGR

No class March 31.

Ages 8-12

R \$96/NR \$144

Min. 6/Max. 14

### Fencing Club

The fencing club is for participants with previous fencing experience and who are looking to spar with other fencers on a regular basis and/or train for upcoming tournaments. Equipment will be provided. Time will be set aside each class for individual instruction. Instructor: Sergey Shevtsov. CK

Program #	Day	Date	Time	Location
37272A1	W	Jan. 6-Feb. 24	7-8 pm	WALGR
37272B1	W	Mar. 17-May 12	7-8 pm	WALGR

No class March 31.

Ages 8 & up

R \$96/NR \$144

Min. 6/Max. 14

### Beginners Archery

Classes cover range rules, safety rules and fundamentals, eye dominance, safety rules, warm-up exercises, archery tackle sized to archer, proper shooting techniques, grouping and consistency, and scoring. Class is appropriate for those who have never shot a bow, or those with some previous experience seeking a refresher session. Participants should not wear baggy clothing. Short sleeve shirts recommended. All safety gear and equipment will be provided (bow, arrows, arm guard). Master Instructor: Bill Burger. CK

Program #	Day	Date	Time	Location
37203A1	Tu	Jan. 12-Feb. 2	6:30-7:30 pm	GLISS
37203B1	Tu	Feb. 16-Mar. 9	6:30-7:30 pm	GLISS
37203C1	Tu	Mar. 23-Apr. 13	6:30-7:30 pm	GLISS
37203D1	Tu	Apr. 27-May 18	6:30-7:30 pm	GLISS

Ages 8 & up

R \$50/NR \$75

Min. 8/Max. 13