

Teens

TRIPS

Alpine Valley Ski Trip

It's President's Day and school's out! Enjoy a day of skiing or snowboarding with your friends. Alpine Valley Resort is one of the largest ski resorts in southeastern Wisconsin. This trip includes transportation, equipment rental, lift ticket and a lesson (if you need one - no experience is necessary). Sign up with your friends and have a great time! Bring additional money for lockers, lunch and snacks. Helmets will be available to rent for \$10. (co-op trip) KB

Program #	Day	Date	Time	Location
33501A1	M	Feb. 15	7 am-7 pm	RECAD

Ages 12-17

R \$85/NR \$85

Min. 6/Max. 6

Registration deadline is Monday, Feb. 8.

Teen Challenge Paintball

This place has it all! Challenge Park has multiple courses and the equipment that you need. You will start the day in private play and have lunch (includes 2 hot dogs, chips and a drink), then move into open play for the remainder of the day. Check out www.challengepark.com to view all the different courses. Fee includes all equipment and 500 paintballs. Bring additional money for extra paintballs. (co-op trip) KB

Program #	Day	Date	Time	Location
33502A1	Sa	Mar. 20	7:30 am-6:30 pm	RECAD

Ages 12-17

R \$70/NR \$70

Min. 6/Max. 6

Registration deadline is Friday, Mar. 12.

Irons Oaks Team Challenge Course

Team building creates strong bonds and understanding between differing groups of individuals. Team building enhances group cohesion and efficiency. In addition, it provides a unique opportunity for personal growth. It is a safe place to confront and solve problems, or to simply let loose and have a good time. Join us as we meet new friends and experience the Team Challenge Course at Irons Oaks. Participants must wear sturdy, closed-toed shoes. Please bring a sack lunch labeled with your name and dress for the weather, we will be outside! (co-op trip) KB

Program #	Day	Date	Time	Location
33503A1	Sa	Apr. 24	9:30 am-3:30 pm	RECAD

Ages 10-15

R \$69/NR \$69

Min. 6/Max. 6

Registration deadline is Friday, Mar. 24.

White Sox Trip

Watch the White Sox take on their division rival Kansas City Royals. This trip will include a lower box reserve ticket and transportation to and from the game. Bring additional money for food and souvenirs. (co-op trip) KB

Program #	Day	Date	Time	Location
33504A1	W	May 5	5-10:30 pm	ROMEO

Ages 10-15

R \$50/NR \$50

Min. 5/Max. 5

Registration deadline is Friday, Apr. 16.

GROWING UP

Babysitting Clinic

This clinic for the young babysitter teaches various aspects of babysitting and staying home alone. Each participant who attends the session, correctly demonstrates all skills and completes all course worksheets and quizzes is eligible to receive a certificate of completion. Please bring a sack lunch and a drink (no glass bottles) Instructor: Marylouise Kiefert. MB

Program #	Day	Date	Time	Location
32108A1	Sa	Feb. 27	9 am-3 pm	STREA
32108B1	Sa	Apr. 17	9 am-3 pm	STREA

Ages 11 & up

R \$30/NR \$45

Min. 10/Max. 20

ARTS

Looming

Learn how to knit on a loom. It's fun, fast and EASY! Using the Knifty Knitter looms, you can now learn everything you thought you would never be able to make. You can make flat projects and round projects. You can make things from new born to extra large. In the very first class, you will be able to knit in the round and make a hat. Anyone can do this! The best part is it's easy on the hands and wrists. Included in the class is a Knifty Knitter set. Each participant must bring 2 skeins of number four worsted weight yarn. KW

Program #	Day	Date	Time	Location
34111A1	Sa	Jan. 16-Feb. 6	10:45-11:30 am	STREA
34111B1	Sa	Mar. 6-27	10:45-11:30 am	STREA

Ages 13 & up

R \$57/NR \$85

Min. 4/Max. 10

Teens

Beginning Guitar

This easy instruction for beginners will have you playing your favorite songs in no time! The goal of this course is to provide students with the ability to tune the instrument as well as play basic chords, strum patterns and finger-picking techniques. The course will focus on the fundamentals of the guitar so that students may enjoy playing as a life-long activity. Students must supply their own guitar. Instructor: Craig Cohen. KW

Program #	Day	Date	Time	Location
33300A1	W	Jan. 20-Mar. 10	6:30-7:30 pm	INDTR
33300B1	W	Mar. 24-May 19	6:30-7:30 pm	INDTR

No class March 31.

Ages 13 & up
R \$60/NR \$90
Min. 4/Max. 12

Intermediate Guitar

The focus of this course is learning strum patterns, scales, barre chords, picking methods and a bit of music theory for playing a variety of songs. Students should be familiar with open chords before enrolling in this class. There will be some extra tips and tricks as well! Students must supply their own guitar. Instructor: Craig Cohen. KW

Program #	Day	Date	Time	Location
33301A1	W	Jan. 20-Mar. 10	7:45-8:45 pm	INDTR
33301B1	W	Mar. 24-May 19	7:45-8:45 pm	INDTR

No class March 31.

Ages 13 & up
R \$60/NR \$90
Min. 4/Max. 12

Roller/Inline Skating

Skating can be fun and easy for kids and adults! With so many schools offering skating parties, this is the perfect opportunity to give your kids the confidence they need. Whether a beginner or a more advanced skater, we have something for everyone. We cover safety, starting, stopping, forward cross over, hockey stops, backward skating, skating with a partner, simple jumps and spins and basic jam moves. Parents may skate the warm up times with their kids for FREE! All Saturday class members may stay to skate the public session immediately following class for FREE! For more information, call Skate Aurora at (630) 898-5830. AS

Program #	Day	Date	Time	Location
37202A1	Sa	Jan. 2-Feb. 6	12-1 pm	SKTAU
37202A2	Sa	Feb. 13-Mar. 20	12-1 pm	SKTAU
37202A3	Sa	Mar. 27-May 1	12-1 pm	SKTAU

All Ages
R \$44/NR \$66
Min. 8/Max. 20

Jeric's Skate Contest

All contestants will get one qualifier 1-minute run to show off their best tricks for the crowd and judges. Top scorers will skate a second, deciding final run. Music will be played during the competition. All participants must wear helmets. AS/KB

Program #	Day	Date	Time	Location
37420A1	Sa	May 15	11 am-4 pm	RENWI

Ages 5-17
\$10 pre-registration
\$15 day-of-event registration
Min. 20/Max. 50

Youth Golf Lessons

With the Lockport Township Park District, we are able to offer our residents golf lessons at Prairie Bluff Golf Course. These lessons are open to every level of golf from beginner to advanced, junior to senior golfer. Times are subject to change if classes do not meet minimum enrollment. AS

Program #	Day	Date	Time	Location
33202A1	W	Apr. 7-May 12	4:30-5:30 pm	PRAIR
33202A2	Sa/Su	Apr. 17-May 2	2-3 pm	PRAIR
33202B1	W	May 19-Jun. 23	4:30-5:30 pm	PRAIR
33202B2	Sa/Su	May 8-23	2-3 pm	PRAIR

Ages 8-17
R \$55/NR \$65
Min. 8/Max. 21

Tennis Satellite I

Introduces tennis to new high school players, including grips, stroke production and movement. In case of inclement weather, call the tennis weather hotline at (815) 436-8812 x40. Instructor: MTL Tennis Management Group. CK

Program #	Day	Date	Time	Location
32215B1	Sa	Apr. 17-May 22	12-1 pm	NWCP

Ages 14-18
R \$60/NR \$90
Min. 3/Max. 6

Location Key

INDTR	Indian Trail Middle School * 14723 S. Eastern Ave.
NWCP	Northwest Park * 127th St. west of Rt. 30
PRAIR	Prairie Bluff Golf * 19433 Renwick Rd., Lockport
RECAD	Rec./Admin. Center * 23729 W. Ottawa St.
RENWI	Renwick Park * Renwick Rd. west of Rt. 59
ROMEO	Romeoville Rec. Center * 800 W. Romeo Rd.
SKTAU	Skate Aurora * 34W113 Montgomery Rd., Aurora
STREA	Streams Rec. Center * 24319 Cedar Creek Ln.

Teens

Beginners Archery

Classes concentrate on range rules, safety rules and fundamentals of archery. Class covers eye dominance, safety rules, warm-up exercises, archery tackle sized to archer, proper shooting techniques "9 Steps", grouping and consistency, and scoring. The beginner session is appropriate for those who have never shot a bow, or those with some previous experience seeking a refresher session. Participants should not wear baggy clothing. Short sleeve shirts recommended. All safety gear and equipment will be provided (bow, arrows, arm guard). Master Instructor: Bill Burger. CK

Program #	Day	Date	Time	Location
37203A1	Tu	Jan. 12-Feb. 2	6:30-7:30 pm	GLISS
37203B1	Tu	Feb. 16-Mar. 9	6:30-7:30 pm	GLISS
37203C1	Tu	Mar. 23-Apr. 13	6:30-7:30 pm	GLISS
37203D1	Tu	Apr. 27-May 18	6:30-7:30 pm	GLISS

Ages 8 & up
R \$50/NR \$75
Min. 8/Max. 13

Advanced Fencing

Advanced Fencing will offer students the basic understanding of attacks and defenses in fencing. Students will have fun learning different moves and combinations of moves that will help them develop their fencing game. Each class will have conditioning, drilling, and bouting (actual fencing). Time will be set aside during each class for individual instruction. This program is designed for all fitness levels. Fencing equipment will be provided. Instructor: Sergey Shevtsov. CK

Program #	Day	Date	Time	Location
37273A1	W	Jan. 6-Feb. 24	8-9 pm	WALGR
37273B1	W	Mar. 17-May 12	8-9 pm	WALGR

No class March 31.
Ages 13 & up
R \$96/NR \$144
Min. 6/Max. 14

Fencing Club

The Fencing Club is for participants with previous fencing experience and who are looking to spar with other fencers on a regular basis and/or train for upcoming tournaments. Equipment will be provided. Time will be set aside each class for individual instruction. Instructor: Sergey Shevtsov. CK

Program #	Day	Date	Time	Location
37272A1	W	Jan. 6-Feb. 24	7-8 pm	WALGR
37272B1	W	Mar. 17-May 12	7-8 pm	WALGR

No class March 31.
Ages 8 & up
R \$96/NR \$144
Min. 6/Max. 14

Adult Karate

This program offers a variety of benefits for the student. Karate is ideal for releasing tension and developing cardiovascular fitness. Karate movements develop poise and agility while improving overall muscle tone. Please note that Parent/Child, Youth and Adult classes may train together. Instructor: Illinois Shotokan Karate Club. CK

Program #	Day	Date	Time	Level
34210A1	M	Jan. 4-Mar. 22	8-9 pm	Beg./Cont.
34210A2	Tu	Jan. 5-Mar. 23	6:50-7:45 pm	Beg./Cont.
34210A3	Tu	Jan. 5-Mar. 23	7:50-8:45 pm	Orng. & up
34210A4	W	Jan. 6-Mar. 24	8:30-9:30 pm	Beg./Cont.
34210B1	M	Apr. 5-May 24	8-9 pm	Beg./Cont.
34210B2	Tu	Apr. 6-May 25	6:05-7:45 pm	Beg./Cont.
34210B3	Tu	Apr. 6-May 25	7:50-8:45 pm	Orng. & up
34210B4	W	Mar. 31-Jun. 9	8:30-9:30 pm	Beg./Cont.

No class Jan. 18, Feb. 2, Feb. 15, May 19.

Ages 14 & up
Session 1
M @ CHARL R \$80/NR \$120
Tu @ EAGLE R \$88/NR \$132
W @ CENSQ R \$96/NR \$144
Session 2
M @ CHARL R \$64/NR \$96
Tu @ EAGLE R \$64/NR \$96
W @ CENSQ R \$80/NR \$120
Min. 12/Max. 30

Adult Taekwondo

Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. Classes are taught under the direction of Grand Master Ki Hong Kim, 8th Dan World Tae Kwon Do Federation. A \$45 uniform fee is required at the first class. Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking. Please note, P/C will train with Adult classes. CK

Program #	Day	Date	Time	Location
32243A1	Th	Jan. 7-May 27	7:30-8:20 pm	EAGLE

No class March 11 & April 1.
Ages 14 & up
R \$171/NR \$256.50
Min. 5/Max. 12